

**Mangrum Invitational - 4/3/2010**  
**Track & Field Meet**  
**Cal State San Marcos**  
**Results**

**Women 100 Meter Dash**

	Name	School	Finals	Wind	H#
<b>Finals</b>					
1	Fogarty, Kelly	UC San Diego	11.90	0.4	1
2	Osby, Krystle	Cal St. San Marcos	12.14	0.4	1
3	Laine, Sarah	Point Loma	12.22	0.4	1
4	Rickabaugh, Kelsey	Point Loma	12.58	0.4	1
5	Hitchens, Kathleen	UC San Diego	12.60	0.4	1
6	Mickos, Martina	UC Irvine	12.64	0.4	1
7	Rassavong, Aimee	Cal St. San Marcos	12.67	0.9	2
8	Weaver, Bailey	UC San Diego	12.78	0.4	1
9	Van Wey, Jennifer	Point Loma	12.83	0.9	2
10	West, Tiffany	Cal St. San Marcos	12.88	0.2	3
10	Schreiber, Jackie	Point Loma	12.88	0.9	2
12	Armando, Allie	Vanguard	12.93	0.9	2
13	Menges, Allyson	Point Loma	13.08	0.9	2
14	Rodriguez, Melina	Vanguard	13.13	0.5	4
15	Spinharrey, Mary	Cal St. San Marcos	13.32	0.2	3
16	Bickers, Cara	Usc	13.36	0.9	2
17	Rivera, Vanessa	Cal St. San Marcos	13.37	0.5	4
18	Asaki, Miriam	UC San Diego	13.39	0.2	3
19	Carrillo, Alycia	Usc	13.67	0.2	3
20	Robinson, Lauren	Cal St. San Marcos	13.68	0.2	3
21	Hallahan, Heather	Soka	13.84	-1.6	5
22	Ritsuko, Rita	Soka	13.90	0.5	4
23	Ochoa, Alexis	Cal St. San Marcos	13.96	0.5	4
24	Turk, Lauren	Point Loma	14.29	-1.6	5
25	McMahen, Cheryl	Cal St. San Marcos	14.45	0.5	4
26	Do, Jamie	Cal St. San Marcos	14.49	-1.6	5
27	Manley, Jordan	Point Loma	15.15	-1.6	5

**Women 200 Meter Dash**

	Name	School	Finals	Wind	H#
<b>Finals</b>					
1	Laine, Sarah	Point Loma	24.65	0.4	1
2	Rickabaugh, Kelsey	Point Loma	25.56	0.4	1
3	Van Wey, Jennifer	Point Loma	25.96	0.4	1
4	West, Tiffany	Cal St. San Marcos	25.97	-0.2	2
5	Schreiber, Jackie	Point Loma	26.17	-0.2	2
6	Rainwater, Linda	UC San Diego	26.28	0.4	1
7	Weaver, Bailey	UC San Diego	26.39	0.4	1
8	Menges, Allyson	Point Loma	26.47	-0.2	2
9	Armando, Allie	Vanguard	26.50	0.4	1
10	Mickos, Martina	UC Irvine	26.92	0.4	1

11	Spitsbergen, Ruth	Cal St. San Marcos	27.26	1.7	3
12	Koppel, Samantha	UC San Diego	27.52	-0.2	2
13	DiBenedetto, Nancy	Cal St. San Marcos	27.73	1.7	3
14	Spinharrey, Mary	Cal St. San Marcos	27.79	1.7	3
15	Carrillo, Alycia	Usc	27.93	-0.3	4
16	Robinson, Lauren	Cal St. San Marcos	28.45	1.7	3

### Finals ... (Women 200 Meter Dash)

Name	School	Finals	Wind	H#	
17	Ritsuko, Rita	Soka	28.90	-0.3	4
18	Lee, Jessica	Soka	29.02	-0.3	4
19	Turk, Lauren	Point Loma	29.12	1.7	3
20	Manley, Jordan	Point Loma	31.03	-0.3	4
21	Ng, Kimberly	Soka	32.26	-0.3	4
22	Nagao, Riri	Soka	33.62	-0.3	4

### Women 400 Meter Dash

Name	School	Finals	H#	
<b>Finals</b>				
1	Valenzuela, Monika	Cal St. San Marcos	57.02	1
2	Turner, Jordan	Point Loma	57.07	1
3	Murdoch, Brianna	Cal St. San Marcos	58.62	1
4	McGregor, Anna Lee	UC San Diego	58.86	1
5	Neves, Diana	Vanguard	59.03	2
6	Rose, Jaqueline	UC San Diego	59.28	1
7	Starr, Kelsey	Point Loma	1:00.12	2
8	Hillaire, Elan	Usc	1:00.22	1
9	West, Tiffany	Cal St. San Marcos	1:00.71	1
10	Spitsbergen, Ruth	Cal St. San Marcos	1:02.16	1
11	Koppel, Samantha	UC San Diego	1:03.50	2
12	Miklaski, Jessica	UC San Diego	1:05.42	2
13	DiBenedetto, Nancy	Cal St. San Marcos	1:07.29	2

### Women 800 Meter Run

Name	School	Finals	H#	
<b>Finals</b>				
1	Asbury, Lucia	Cal St. San Marcos	2:18.05	1
2	Casarez, Melissa	Point Loma	2:20.31	1
3	Schryver, Carol	Cal St. San Marcos	2:22.78	1
4	Foerster, Shelly	UC Irvine	2:24.13	1
5	Afman, Angie	Point Loma	2:24.45	2
6	Nielsen, Katherine	UC Irvine	2:24.58	1
7	Lazare, Justine	Cal St. San Marcos	2:25.54	1
8	Schaper, Marie	UC San Diego	2:25.69	1
9	Hisgen, Heather	UC San Diego	2:27.01	2
10	Canales, Emily	Vanguard	2:29.18	2
11	Smith, Brooke	Cal St. San Marcos	2:29.19	1
12	Van Cott, Chelsea	Vanguard	2:30.22	3
13	Zainos, Araceli	Vanguard	2:31.24	2
14	Minnick, Lauren	Vanguard	2:33.13	3

15	Rowland, Kimberly	Cal St. San Marcos	2:33.80	2
16	Stevens, Bridgette	Cal St. San Marcos	2:33.93	3
17	Reyes, Jazmine	Vanguard	2:36.73	3
18	Anderson, Brianne	Soka	2:39.98	3
19	Kondo, Sachiko	Soka	2:43.84	3
20	Thomas, Niki	Cal St. San Marcos	2:52.29	3

### Women 1500 Meter Run

Name	School	Finals	
<b>Finals</b>			
1	Nielsen, Katherine	UC Irvine	4:46.45
2	Sandoval, Jessica	Cal St. San Marcos	4:52.80
3	Massenburg, Bailey	Point Loma	4:54.68
4	Kobayashi, Aaryn	UC San Diego	4:58.02
5	Green, Amy	UC Irvine	4:59.84
6	Reich, Cassidy	Cal St. San Marcos	5:03.45
7	Zainos, Araceli	Vanguard	5:03.69
8	Ubario, Corina	UC Irvine	5:05.10
9	Walker, Jessica	Cal St. San Marcos	5:07.50
10	Larue, Stephanie	UC Irvine	5:08.60
11	Thompson, Caprice	UC San Diego	5:10.66
12	Reyes, Jazmine	Vanguard	5:11.47
13	Wilson, Courtney	UC Irvine	5:11.76
14	Vaughan, Jessica	UC Irvine	5:12.88
15	Minnick, Lauren	Vanguard	5:15.16
16	Rosales, Angelica	Soka	5:33.54
17	Tanabe, Anri	Soka	5:41.08
18	Singleton, Courtney	Point Loma	5:41.13
19	Swift, Elyse	Point Loma	5:45.22
20	Mokuria, Aileen	Soka	5:48.47

### Women 3000 Meter Run

Name	School	Finals	
<b>Finals</b>			
1	Matranga, Breelan	Point Loma	10:11.98
2	Kunz, Katie	Point Loma	10:28.34
3	Albright, Jen	Cal St. San Marcos	10:44.59
4	Szabo, Ashlee	Point Loma	10:45.54
5	Ozuna, Genieva	Point Loma	10:49.80
6	Henderson, Jordana	UC San Diego	11:01.77
7	Kaehms, Jenny	UC San Diego	11:08.47
8	Reynolds, Jennifer	Point Loma	11:13.09
9	Hearn, Erin	Cal St. San Marcos	11:41.00
10	Rowland, Kimberly	Cal St. San Marcos	11:44.52
11	Hauso, Claire	Cal St. San Marcos	11:52.24
12	Bui, Anh	UC San Diego	12:14.50

### Women 100 Meter Hurdles

Name	School	Finals	Wind	H#
<b>Finals</b>				

1	Carter, Kori	Unattached	13.86	2.4	1
2	Merrill, Christine	UC San Diego	13.93	2.4	1
3	LeFever, Stephanie	UC San Diego	14.50	2.4	1
4	Meagher, Caitlin	UC San Diego	15.64	2.4	1
5	Rudd, Allison	UC San Diego	16.18	2.4	1
6	Hills, Amethyst	Cal St. San Marcos	17.11	0.2	2
7	Ochoa, Alexis	Cal St. San Marcos	17.26	0.2	2

### Finals ... (Women 100 Meter Hurdles)

Name	School	Finals	Wind	H#	
8	Reynolds, Valen	San Bernardino	18.00	0.2	2
9	Bazzola, Natalia	Cal St. San Marcos	21.48	0.2	2

### Women 400 Meter Hurdles

Name	School	Finals	
1	Carter, Kori	Unattached	1:01.54
2	Rudd, Allison	UC San Diego	1:04.87
3	Asaki, Miriam	UC San Diego	1:07.50
4	Meagher, Caitlin	UC San Diego	1:08.50
5	Browning, Katie	Point Loma	1:09.96

### Women 3000 Meter Steeplechase

Name	School	Finals	
1	Canales, Emily	Vanguard	11:49.1h
2	Van Cott, Chelsea	Vanguard	12:33.2h
3	Kane, Katie	UC San Diego	12:36.8h
4	Feddersen, Sarah	Point Loma	12:57.3h
5	Nicoll, Jenna	Cal St. San Marcos	13:07.2h
6	Roberge, Moriah	San Diego St.	13:10.8h
7	Gutierrez, Reyna	Cal St. San Marcos	13:16.5h
8	Bray, Anna	Point Loma	13:20.3h

### Women 4x100 Meter Relay

Team	Relay	Finals	
1 UC San Diego	A	47.28	
1) Merrill, Christine	2) Hitchens, Kathleen	3) Rose, Jaqueline	4) Fogarty, Kelly
2 Point Loma	A	47.73	
1) Starr, Kelsey	2) Rickabaugh, Kelsey	3) Schreiber, Jackie	4) Laine, Sarah
3 Cal St. San Marcos	A	48.19	
1) Rassavong, Aimee	2) Osby, Krystle	3) Spinharrey, Mary	4) Valenzuela, Monika
4 Vanguard	A	50.06	
1) Davis, Kelsie	2) Armando, Allie	3) Rodriguez, Melina	4) Neves, Diana

### Women 4x400 Meter Relay

Team	Relay	Finals
Finals		

1) Turner, Jordan	2) Starr, Kelsey	3) Rickabaugh, Kelsey	4) Laine, Sarah
<b>2UC San Diego</b>	<b>A</b>		<b>3:48.94</b>
1) Rose, Jaqueline	2) LeFever, Stephanie	3) McGregor, Anna Lee	4) Merrill, Christine
<b>3Cal St. San Marcos</b>	<b>A</b>		<b>3:57.85</b>
1) Osby, Krystle	2) Murdoch, Brianna	3) Asbury, Lucia	4) Valenzuela, Monika
<b>4Cal St. San Marcos</b>	<b>B</b>		<b>4:14.48</b>
1) Schryver, Carol	2) Smith, Brooke	3) Stevens, Bridgette	4) DiBenedetto, Nancy
<b>5Point Loma</b>	<b>C</b>		<b>4:16.62</b>
1) Van Wey, Jennifer	2) Casarez, Melissa	3) Browning, Katie	4) Afman, Angie
<b>6Soka</b>	<b>A</b>		<b>4:17.62</b>
1) Anderson, Brianne	2) Rosales, Angelica	3) Lee, Jessica	4) Hallahan, Heather

### Finals ... (Women 4x400 Meter Relay)

Team	Relay	Finals
<b>7Vanguard</b>	<b>A</b>	<b>4:27.10</b>
1) Davis, Kelsie	2) Minnick, Lauren	3) Van Cott, Chelsea
		4) Neves, Diana

### Women High Jump

Name	School	Finals
<b>1Rainwater, Linda</b>	<b>UC San Diego</b>	<b>1.75m</b>
		5-08.75
<b>2Brogdon, Jenny</b>	<b>Unattached</b>	<b>1.70m</b>
		5-07.00
<b>3LeFever, Stephanie</b>	<b>UC San Diego</b>	<b>1.60m</b>
		5-03.00
<b>4Davis, Kelsie</b>	<b>Vanguard</b>	<b>J1.60m</b>
		5-03.00
<b>5McCarthy, Julia</b>	<b>UC San Diego</b>	<b>1.50m</b>
		4-11.00
<b>---Reynolds, Valen</b>	<b>San Bernardino</b>	<b>NH</b>

### Women Pole Vault

Name	School	Finals
<b>1Duckworth, Rebecca</b>	<b>Point Loma</b>	<b>3.65m</b>
		11-11.75
<b>2LeFever, Donna</b>	<b>UC San Diego</b>	<b>3.53m</b>
		11-07.00
<b>3Fryar, Kristi</b>	<b>UC Irvine</b>	<b>J3.53m</b>
		11-07.00
<b>4Freschauf, Lauren</b>	<b>UC Irvine</b>	<b>3.50m</b>
		11-05.75

6Tears, Rachel	UC San Diego	3.05m	11.75 10- 00.00
7Morehouse, Heidi	Vanguard	J3.05m	10- 00.00
8Knight, Jasmine	Usc	J3.05m	10- 00.00
9Richert, Lindsey	Point Loma	2.60m	8- 06.25
10Rowley, Brittany	UC Irvine	J2.60m	8- 06.25
11Oakes, Chelsea	Point Loma	2.30m	7- 06.50
---Brown, Marie	San Diego St.	NH	
---Stamos, Kim	San Diego St.	NH	
---Gallegos, Suzannah	Cal St. San Marcos	NH	
---Said, Roxana	Cal St. San Marcos	NH	

### Women Long Jump

Name	School	Prelims	Wind
<b>Preliminaries</b>			
1LeFever, Stephanie	UC San Diego	5.69m q	18- -3.0 08.00
2Turner, Jordan	Point Loma	5.45m q	17- 1.8 10.75
3Murphy, Leah	UC San Diego	5.37m q	17- 0.7 07.50
4Fails, Yachi	Cal St. San Marcos	5.11m q	16- -0.8 09.25
5Rainwater, Linda	UC San Diego	5.05m q	16- -1.2 07.00
5Bickers, Cara	Usc	5.05m q	16- -2.8 07.00
7Rodriguez, Melina	Vanguard	4.97m q	16- -2.6 03.75
8Davis, Kelsie	Vanguard	4.72m q	15- -2.6 06.00
9Payne, Katarina	Cal St. San Marcos	4.53m	14- -2.4 10.50
10Carrillo, Alycia	Usc	4.48m	14- -1.1 08.50
11Hallahan, Heather	Soka	4.43m	14- +0.0 06.50
12Stewart, Scoticia	San Bernardino	4.36m	14- -1.1 03.75
13Nelson, Elizabeth	Point Loma	4.35m	14- -1.9 03.25
14Reynolds, Valen	San Bernardino	4.07m	13- -2.1

04.25

**Women Triple Jump**

Name	School	Prelims	Wind
<b>Preliminaries</b>			
1Murphy, Leah	UC San Diego	11.45m q	37- -0.9 06.75
2Talhami, Andrea	Cal St. San Marcos	11.44m q	37- 1.7 06.50
3Fails, Yachi	Cal St. San Marcos	10.79m q	35- -1.7 05.00
4Rodriguez, Melina	Vanguard	10.73m q	35- 0.1 02.50
5Bickers, Cara	Usc	10.60m q	34- -0.6 09.50
6Payne, Katarina	Cal St. San Marcos	10.42m q	34- +0.0 02.25
7Reynolds, Valen	San Bernardino	9.90m q	32- +0.0 05.75
8Nelson, Elizabeth	Point Loma	9.04m q	29- -1.1 08.00
---Stewart, Scoticia	San Bernardino	FOUL	NWI
---Ochoa, Alexis	Cal St. San Marcos	FOUL	NWI

**Women Shot Put**

Name	School	Prelims
<b>Preliminaries</b>		
1Rainwater, Linda	UC San Diego	11.59m q 38- 00.25
2Agbahiwe, Uchenna	UC San Diego	11.23m q 36- 10.25
3Barnett, Raeniece	San Bernardino	7.22m q 23- 08.25

**Women Discus Throw**

Name	School	Prelims
<b>Preliminaries</b>		
1Agbahiwe, Uchenna	UC San Diego	36.96m q 121-03
2Spence, Karla	UC San Diego	34.38m q 112-09
3Hicks, Chantel	Cal St. San Marcos	33.27m q 109-02
4Archer, Marie	UC San Diego	31.39m q 103-00
5Cheng, Jennifer	UC San Diego	30.86m q 101-03
6Barnett, Raeniece	San Bernardino	23.60m q 77-05

**Women Hammer Throw**

Name	School	Prelims
<b>Preliminaries</b>		
1Thu, Danielle	Unat-Uc San Diego	55.38m q 181-08
2Archer, Marie	UC San Diego	51.92m q 170-04
3Spence, Karla	UC San Diego	44.18m q 144-11
4Emile, Shana	UC San Diego	40.20m q 131-11
5Cheng, Jennifer	UC San Diego	36.09m q 118-05

7Barnett, Raeniece	San Bernardino	26.12m	q	85-08
8Hicks, Chantel	Cal St. San Marcos	23.22m	q	76-02

### Women Javelin Throw

Name	School	Prelims		
<b>Preliminaries</b>				
1Rainwater, Linda	UC San Diego	36.25m	q	118-11
2London, Hilary	Point Loma	28.48m	q	93-05
3Hardeman, Tashia	Point Loma	25.14m	q	82-06
4Richert, Lindsey	Point Loma	24.21m	q	79-05
5Barnett, Raeniece	San Bernardino	14.27m	q	46-10

### Men 100 Meter Dash

Name	School	Finals	Wind	H#
<b>Finals</b>				
1Vernon- Reynolds, Gianni	Soka	10.70	-0.1	1
2Henderson, Nicholas	Cal St. San Marcos	10.93	-0.5	2
3McDougald, Thomas	Cal St. San Marcos	10.95	-0.1	1
4Jackson, Sean	Usc	11.01	-0.1	1
5Burnett, Antonio	Usc	11.12	-0.5	2
5Pearson, Joe	UC Irvine	11.12	-0.1	1
7Nguyen, Dan	UC San Diego	11.15	-0.5	2
8Peeden, Darrell	San Bernardino	11.20	-0.1	1
9Peeden, Daniel	San Bernardino	11.26	-0.1	1
10Wasowski, Kuba	Cal St. San Marcos	11.33	-0.5	2
11Washington, Travell	San Bernardino	11.34	-0.5	2
12Head, Jeffrey	UC San Diego	11.49	-0.5	2
13Tu, Shaun	UC San Diego	11.51	0.6	3
14Jones, Kevin	San Bernardino	11.55	-1.1	4
15King, Anthony	Unattached	11.62	0.6	3
16Karnaze, Andrew	UC San Diego	11.71	-1.1	4
17Mead, Daniel	Point Loma	11.74	0.6	3
18Willis, Devin	Unattached	11.77	-1.1	4
19Levist, Evan	Unattached	11.78	-0.5	2
20Hackett, Jonathan	San Bernardino	11.89	-1.1	4
21Rodriguez, Jesse	Vanguard	12.07	-1.1	4
22Truong, Thinh	UC San Diego	12.13	0.6	3
23Jones, De Andre	Point Loma	12.16	-1.1	4
---Deloney- Forte, Devin	Usc	DNF	-0.1	1

### Men 200 Meter Dash

Name	School	Finals	Wind	H#
<b>Finals</b>				
1Vernon- Reynolds, Gianni	Soka	21.72	0.3	1
2Henderson, Nicholas	Cal St. San Marcos	21.98	0.3	1
3McDougald, Thomas	Cal St. San Marcos	22.00	0.3	1
4Jackson, Sean	Usc	22.12	0.3	1
5DeYoung, Scott	Usc	22.14	0.3	1
6Perkins, Aze	Vanguard	22.27	-0.7	2
7Kakuda, Ronsen	Point Loma	22.30	-0.7	2

8Pearson, Joe	UC Irvine	22.38	0.3	1
9Peeden, Darrell	San Bernardino	22.58	-0.7	2
10Scott, Jordon	Unattached	22.66	-0.7	2
11Morrisette, Dijon	Usc	22.76	0.3	1
12Nguyen, Dan	UC San Diego	22.90	-0.7	2
13Peeden, Daniel	San Bernardino	23.00	-0.7	2
14Jones, Kevin	San Bernardino	23.08	0.7	4
15Washington, Travell	San Bernardino	23.11	-0.7	2
16Rivers, David	San Bernardino	23.34	0.7	4
17Payne, Prentace	San Bernardino	23.40	-0.2	3
18Akasu, Kiyoshi	Soka	23.49	-0.2	3
19Lacy, Marshawn	San Bernardino	23.92	-0.2	3

### Finals ... (Men 200 Meter Dash)

Name	School	Finals	Wind	H#
20Mead, Daniel	Point Loma	24.04	-0.2	3
21Burbridge, Tristian	Unattached	24.48	-0.2	3
22Jones, De Andre	Point Loma	24.59	0.7	4
23Nishina, Hitoshi	Soka	25.45	0.7	4
24Mustafa, Amir	San Bernardino	25.61	0.7	4

### Men 400 Meter Dash

Name	School	Finals	H#
<b>Finals</b>			
1DeYoung, Scott	Usc	48.70	1
2Stein, Nicholas	Cal St. San Marcos	49.66	1
3Scott, Jordon	Unattached	49.70	1
4Botma, Corey	Point Loma	49.74	1
5Black, Dan	Vanguard	49.93	1
6Morrisette, Dijon	Usc	50.44	1
7Dyer, Wil	UC San Diego	50.56	2
8Whitelow, Elvis	Vanguard	51.09	1
9Ongsansoy, Hermes	UC Irvine	51.36	2
10Laetsch, Joseph	Usc	52.15	2
11Rivers, David	San Bernardino	52.65	2
12Ellis, Tyler	Usc	53.14	3
13Whitaker, Chris	Point Loma	53.47	3
14Collins, Crispin	Usc	53.75	3
15Payne, Prentace	San Bernardino	54.10	2
16Manker, Devin	San Bernardino	54.76	2
17Zuletta, Michael	Usc	55.25	3
18Mustafa, Amir	San Bernardino	58.05	3
19Lacy, Marshawn	San Bernardino	59.01	2

### Men 800 Meter Run

Name	School	Finals
<b>Finals</b>		
1Campfield, Brett	Cal St. San Marcos	1:52.58
2Branch, David	Usc	1:54.55
3Bhatia, Aman	UC Irvine	1:55.51

5 Adkins, Aaron	Usc	1:56.35
6 Washington, Kristopher	Usc	1:56.44
7 Kessler, Tim	Usc	1:56.91
8 Bezamat-Homer, Andreas	Usc	1:57.13
9 Sanchez, Martin	San Bernardino	1:57.30
10 Fitzgerald, Patrick	Cal St. San Marcos	1:58.04
11 Kear, Casey	Point Loma	1:58.14
12 Thomas, Ryan	Usc	1:59.45
13 Huang, Roger	UC San Diego	1:59.58
14 Jones, Brant	Point Loma	1:59.99
15 Harris, Dustin	UC San Diego	2:00.34
16 Sanchez, Sam	San Bernardino	2:00.66
17 Hyams, Sam	UC Irvine	2:01.41

### **Finals ... (Men 800 Meter Run)**

<b>Name</b>	<b>School</b>	<b>Finals</b>
18 Huntington, Matt	Usc	2:02.66
19 Polhill, Thomas	Cal St. San Marcos	2:03.23
20 Johnson, Matt	Vanguard	2:04.35
21 Lopez, Julian	San Bernardino	2:04.63
22 Smith, Chad	Vanguard	2:05.01
23 Gonzalez, Bernardo	Soka	2:05.37
24 Hudson, Tom	UC San Diego	2:05.51
25 Orozco, Fernando	Vanguard	2:06.19
26 Erudaitius, Dimitry	Cal St. San Marcos	2:06.20
27 Evans, Casey	Cal St. San Marcos	2:08.33
28 Jax, Kyle	Point Loma	2:08.51
29 Conoscenti, Michael	Usc	2:11.32
30 Jones, Reginald	San Bernardino	2:19.51
31 Khatiwada, Shishir	Soka	2:26.24

### **Men 1500 Meter Run**

<b>Name</b>	<b>School</b>	<b>Finals</b>
1 Edwards, David	Cal St. San Marcos	3:54.12
2 Anderson, Daniel	UC San Diego	3:54.40
3 Wright, Mike	UC San Diego	3:57.94
4 Muluken, Beressa	Cal St. San Marcos	3:59.40
5 Lopez, Julian	San Bernardino	4:00.89
6 Sanchez, Martin	San Bernardino	4:01.17
7 Dominguez, Raymond	San Bernardino	4:04.03
8 Heredia, Anthony	UC San Diego	4:04.62
9 Capeau, Chris	Cal St. San Marcos	4:05.72
10 Nemchik, Travis	San Bernardino	4:06.50
11 Stocksdale, Devin	San Bernardino	4:06.79
12 Ernst, Ryan	Point Loma	4:07.79
13 Baum, Eric	UC San Diego	4:08.03
14 Sanchez, Sam	San Bernardino	4:08.28
15 Johnson, Matt	Vanguard	4:08.83

17	Smith, Chad	Vanguard	4:13.72
18	Lok, Ryan	UC San Diego	4:16.24
19	Blankenship, Dustin	Cal St. San Marcos	4:16.61
20	Lenehan, Matt	UC San Diego	4:16.73
21	Brown, Jeff	Usc	4:17.78
22	Shimmin, Mark	Cal St. San Marcos	4:19.03
23	Mahony, Rory	UC Irvine	4:21.25
24	Pleitez, Christopher	UC San Diego	4:24.51
25	Sanchez, Antonio	Cal St. San Marcos	4:24.72
26	Evans, Casey	Cal St. San Marcos	4:29.32
27	Slack, David	Cal St. San Marcos	4:38.82
28	Goldenberg, Samuel	Usc	4:39.52
29	Hochhauser, Brandon	Usc	4:39.91
30	Macias, Cruz	Soka	4:40.45
31	Ryan, Wes	Cal St. San Marcos	4:46.33

### Finals ... (Men 1500 Meter Run)

Name	School	Finals	
32	Sanchez, Adam	San Bernardino	5:08.35

### Men 3000 Meter Run

Name	School	Finals	
<b>Finals</b>			
1	Carley, John	Usc	8:36.93
2	Western, Nelson	Cal St. San Marcos	8:39.91
3	Rizzo, Mike	UC San Diego	8:56.28
4	Riley, Jeremy	UC San Diego	8:57.24
5	Davey, Rick	Usc	9:06.59
6	Dominguez, Raymond	San Bernardino	9:08.81
7	MacNeil, William	Point Loma	9:22.28
8	Parra, Art	San Bernardino	9:33.59
9	Flores, Edwin	Soka	9:40.98
10	Starinieri, Nicholas	Soka	9:55.35
11	Kerhin, Charles	Soka	10:33.66
12	Murakami, Yusaku	Soka	11:16.01

### Men 110 Meter Hurdles

Name	School	Finals	Wind	H#	
<b>Finals</b>					
1	Perkins, Aze	Vanguard	14.76	0.2	1
2	Baham, Leon	UC San Diego	14.84	0.2	1
3	Imani, King	San Bernardino	15.24	0.2	1
4	Baker, David	UC San Diego	15.69	0.2	1
5	Williams, Marcus	San Bernardino	16.17	2.0	2
6	Dispanurat, Putchong	Usc	16.18	0.2	1
7	O'Dowd, Nolan	UC San Diego	16.49	2.0	2
8	Jafarzade, Soha	UC San Diego	16.69	2.0	2

### Men 400 Meter Hurdles

Name	School	Finals	H#	
<b>Finals</b>				
1	Harbor, Anthony	Cal St. San Marcos	52.56	1

2Ottwright, Kevin	Unattached	53.85	1
3Baham, Leon	UC San Diego	54.12	1
4Someya, Yuto	Cal St. San Marcos	56.39	1
5O'Dowd, Nolan	UC San Diego	57.05	2
6Imani, King	San Bernardino	57.46	1
7Rovin, Justin	UC San Diego	58.02	1
8Baker, David	UC San Diego	58.23	2
9Schiller, Josh	Point Loma	58.30	1
10Dispanurat, Putchong	Usc	59.49	2
11Parides, Thomas	Usc	59.83	2
12Manker, Devin	San Bernardino	1:00.11	2
13Williams, Marcus	San Bernardino	1:06.22	2

### Men 3000 Meter Steeplechase

Name	School	Finals
<b>Finals</b>		
1Orozco, Fernando	Vanguard	9:43.8h
2Martinez, Tony	Usc	10:14.9h
3Conoscenti, Michael	Usc	10:42.6h
4Strasheim, Chris	Cal St. San Marcos	11:50.2h

### Men 4x100 Meter Relay

Team	Relay	Finals	
<b>Finals</b>			
1Usc	A	41.61	
1) Burnett, Antonio	2) Jackson, Sean	3) Bozorgzad, Farzad	4) DeYoung, Scott
2Vanguard	A	41.74	
3San Bernardino	A	42.11	
1) Ballard, Tim	2) Hackett, Jonathan	3) Hammond, Reginald	4) Imani, King
4UC San Diego	A	43.76	
1) Nguyen, Dan	2) Dieffenbach, Bryan	3) Dyer, Wil	4) Haswell, Tobias
5San Bernardino	B	44.13	
1) Washington, Travell	2) Starr, James	3) Reed, Dexter	4) Payne, Prentace
6Unattached	A	45.60	

### Men 4x400 Meter Relay

Team	Relay	Finals	H#
<b>Finals</b>			
1Cal St. San Marcos	A	3:17.24	1
1) Campfield, Brett	2) Stein, Nicholas	3) Someya, Yuto	4) Harbor, Anthony
2Point Loma	A	3:21.95	1
1) Kear, Casey	2) Kakuda, Ronsen	3) Schiller, Josh	4) Botma, Corey
3Usc	B	3:25.05	1
1) Ellis, Tyler	2) Morrisette, Dijon	3) Parides, Thomas	4) Washington, Kristopher

4Usc	C	3:25.87	1
1) Thomas, Ryan	2) Wilkins, Barry	3) Zuletta, Michael	4) Laetsch, Joseph
5Soka	A	3:29.69	2
1) Akasu, Kiyoshi	2) Gonzalez, Bernardo	3) Starinieri, Nicholas	4) Vernon-Reynolds, Gianni
6Cal St. San Marcos	B	3:30.46	2
	2) Fitzgerald, Patrick	3) Evans, Casey	4) Edwards, David
7Vanguard	A	3:31.32	2
1) Perkins, Aze	2) Orozco, Fernando	3) Black, Dan	4) Rodriguez, Jesse
8San Bernardino	B	3:32.14	2
1) Peeden, Darrell	2) Peeden, Daniel	3) Payne, Prentace	4) Manker, Devin
9Point Loma	B	3:32.77	2
1) Jones, Brant	2) Whitaker, Chris		4) Mead, Daniel

### Men High Jump

Name	School	Finals	Finals
1Ryan, Casey	UC San Diego	2.05m	6-08.75
2Ruiz, Tyler	Usc	2.00m	6-06.75
3Anderson, Axel	Point Loma	1.95m	6-04.75
4Timm, Austen	Point Loma	1.90m	6-02.75
5Tu, Shaun	UC San Diego	1.75m	5-08.75

### Finals ... (Men High Jump)

Name	School	Finals	Finals
6Jones, Kevin	San Bernardino	1.70m	5-07.00
7Lacy, Marshawn	San Bernardino	1.60m	5-03.00
8Macias, Cruz	Soka	1.50m	4-11.00

### Men Pole Vault

Name	School	Finals	Finals
1Slingsby, Taylor	Usc	4.80m	15-09.00
2Freund, David	Cal St. San Marcos	4.65m	15-03.00
3Winstead, Anthony	Point Loma	4.50m	14-09.00
4Musker, Eric	UC San Diego	J4.50m	14-09.00
5Rovin, Justin	UC San Diego	4.20m	13-09.25
6Somervell, Willis	Point Loma	J4.20m	13-09.25
7Richards, Sean	Cal St. San Marcos	4.05m	13-03.50

**Men Long Jump**

Name	School	Prelims	Wind
<b>Preliminaries</b>			
1 Burnett, Antonio	Usc	6.89m q	22- -2.4 07.25
2 Vernon- Reynolds, Gianni	Soka	6.84m q	22- 0.9 05.25
3 Ruiz, Tyler	Usc	6.77m q	22- -0.3 02.50
4 Wasowski, Kuba	Cal St. San Marcos	6.59m q	21- -1.4 07.50
5 Tu, Shaun	UC San Diego	6.44m q	21- -0.3 01.50
6 Ryan, Casey	UC San Diego	6.33m q	20- +0.0 09.25
7 Head, Jeffrey	UC San Diego	6.31m q	20- -0.5 08.50
8 Karnaze, Andrew	UC San Diego	6.13m q	20- -2.4 01.50
9 Yantis, Graham	Point Loma	5.94m	19- -1.6 06.00
10 Truong, Think	UC San Diego	5.90m	19- 0.8 04.25
11 Akasu, Kiyoshi	Soka	5.66m	18- -1.3 07.00
12 Daniel, Delgado	Cal St. San Marcos	5.17m	16- -1.5 11.50

**Men Triple Jump**

Name	School	Prelims	Wind
<b>Preliminaries</b>			
1 Burnett, Antonio	Usc	14.64m q	48- +0.0 00.50
2 Long, Trevor	Unattached	13.92m q	45- 0.1 08.00
3 Karnaze, Andrew	UC San Diego	13.50m q	44- 0.6 03.50
4 Manker, Devin	San Bernardino	13.38m q	43- +0.0 10.75
5 Tran, Andrew	UC San Diego	12.91m q	42- +0.0 04.25
6 Yantis, Graham	Point Loma	12.26m q	40- 0.3 02.75
7 Truong, Think	UC San Diego	12.00m q	39- -0.9 04.50
8 Daniel, Delgado	Cal St. San Marcos	10.67m q	35- 0.8 00.25
---Head, Jeffrey	UC San Diego	FOUL	NWI

**Men Shot Put**

Name	School	Prelims
<b>Preliminaries</b>		
1 Cook, Fred	UC San Diego	15.92m q 52-02.75
2 Grandi, James	Point Loma	14.88m q 48-10.00

**Preliminaries ... (Men Shot Put)**

Name	School	Prelims
3 Eckert, Ryan	UC San Diego	13.14m q 43-01.50
4 Nagengast, Zachary	UC San Diego	12.75m q 41-10.00
5 Endler, Mathew	UC San Diego	12.48m q 40-11.50
6 Porter, Michael	Point Loma	7.97m q 26-01.75
7 Macias, Cruz	Soka	7.34m q 24-01.00

**Men Discus Throw**

Name	School	Prelims
<b>Preliminaries</b>		
1 Sandifer, Dane	UC San Diego	43.41m q 142-05
2 Nagengast, Zachary	UC San Diego	41.78m q 137-01
3 Eckert, Ryan	UC San Diego	41.21m q 135-02
4 Endler, Mathew	UC San Diego	40.20m q 131-11
5 Grandi, James	Point Loma	40.10m q 131-07
6 Ward, Gary	UC San Diego	39.64m q 130-01
7 Miller, Mark	Point Loma	38.60m q 126-08
8 Macias, Cruz	Soka	19.44m q 63-09

**Men Hammer Throw**

Name	School	Prelims
<b>Preliminaries</b>		
1 Milakovic, Mike	Unattached	60.66m q 199-00
2 Cook, Fred	UC San Diego	53.82m q 176-07
3 Stein, Eric	Usc	49.53m q 162-06
4 Grandi, James	Point Loma	47.43m q 155-07
5 Jackson, Jason	UC San Diego	46.65m q 153-01
6 Nagengast, Zachary	UC San Diego	42.86m q 140-07
7 Endler, Mathew	UC San Diego	38.11m q 125-00
8 Douangchak, Donnie	UC San Diego	37.63m q 123-05
9 Gelsey, Benjamin	Unattached	34.64m 113-08
10 Porter, Michael	Point Loma	20.06m 65-10

**Men Javelin Throw**

Name	School	Prelims
<b>Preliminaries</b>		
1 Grindley, Sean	Cal St. San Marcos	50.04m q 164-02
2 Ryan, Casey	UC San Diego	47.67m q 156-05

4Rodriguez, Jesse	Vanguard	45.00m	q	147-08
5Kirchberg, Dylan	Cal St. San Marcos	44.76m	q	146-10
6Buffington, Billy	Usc	42.48m	q	139-04
7Falgout, Tilman	Unattached	38.65m	q	126-10
8Peeden, Darrell	San Bernardino	38.64m	q	126-09
9Ten-Bosch, Bryan	Cal St. San Marcos	37.33m		122-06
10Peeden, Daniel	San Bernardino	37.25m		122-02