

Soka University Track and Field

School Records

Indoor Track and Field

MEN

60m	Robert Vernon Reynolds	6.98	2/14/09
60H	Yoshiyuki Shiomi	9.87	2/16/08
200m	Robert Vernon Reynolds	21.59	2/21/09
400m	Robert Vernon Reynolds	48.22	2/12/11
600m	Cruz Macias	1:30.30	2/20/10
800m	Cole Gauthier	1:59.62	2/19/11
1000m	Nick Starinieri	2:45.93	2/20/10
Mile	Edwin Flores	4:39.6	2/13/11
3000m	Aaron Perry	9:02.80	2/12/11
5000m	Aaron Perry	15:28.3	2/19/11
Long Jump	Robert Vernon Reynolds	22-4 $\frac{3}{4}$	2/14/09
Shot Put	Russell Randal	10.23m	2/14/09
4 x 400m	Akasu, Perry Gauthier, Vernon-Reynolds	3:29.84	2/19/11

WOMEN

60m	Elizaveta Kuznetsova	8.25	2/13/11
60H	Cherie Ching	8.81	2/11/07
200m	Lisa Saperstein	26.5	2/11/07
400m	Lisa Saperstein	59.30	2/11/07
600m	Brianne Anderson	1:48.6	2/13/11
800m	Keiko Yoshioka	2:40.75	2/14/09
1000m	Emily Dixon	3:49	1/31/09
Mile	Angelica Rosales	5:57.5	2/13/11
3000m	Angelica Rosales	11:47.25	2/20/10
4 x 400m		4:51.7	1/31/09
High Jump	Rachel Daley	5'4.25"	2/19/11

Outdoor Track and Field

MEN

100m	Robert Vernon Reynolds	10.70	4/3/10
200m	Robert Vernon Reynolds	21.2	5/3/09
400m	Robert Vernon Reynolds	46.84	5/9/09
110H	Yoshiyuki Shiomi	18.97	4/13/08

400H	Yoshiyuki Shiomi	61.81	4/26/08
800m	Cole Gauthier	1:55.44	5/7/11
1500m	Nick Spector	4:10.00	5/1/11
3000m	Aaron Perry	8:58.54	4/2/11
5000m	Nick Spector	15:15.95	5/7/11
10,000m	Aaron Perry	32:39.22	3/14/11
Long Jump	Robert Vernon Reynolds	23' 02"	2/20/10
Triple Jump	Robert Vernon Reynolds	44' 1 12"	3/14/09
Javelin	Russell Randal	171-00	3/14/09
Shot Put	Russell Randal	32-10 ¼	4/6/09
Pole Vault	Cruz Macias	8-6 ¼	4/2/11
4 x 100m Relay	Takino, Tanaka Valdes, Laumann	45.24	4/15/06
4 x 400m Relay	Akasu, Starinieri Gauthier, Vernon-Reynolds	3:25.76	4/16/11

WOMEN

100m	Lisa Saperstein/Elizaveta Kunetsova	12.86	3/10/07 4/16/11
200m	Lisa Saperstein	25.5	5/13/06
400m	Lisa Saperstein	57.2	5/5/07
100H	Cheri e Ching	17.21	4/21/07
400H	Cheri e Ching	70.9	5/12/07
800m	Lisa Saperstein	2:17.1	4/6/07
1500m	Angelica Rosales	5:21.14	4/2/11
3000m	Angelica Rosales	11:29.84	4/2/11
5000m	Angelica Rosales	19:12.35	5/7/2011
Long Jump	Heather Hallahan	16' 5 ¼"	3/14/09
High Jump	Rachel Daley	5'5"	3/18/11
Shot Put	Jennifer Geisler	30-0 ¼	3/26/05
Discus	Alankrita Chhikara	86-1	86'1"
4 x 400m Relay	Rita, Anderson, Kunetsova, Hallahan	4:11.22	4/16/11