Freshman Year
EXPLORE

Participate in all aspects of life at SOKA (academic, cultural, social).
Enroll in a variety of courses to gain exposure to new knowledge, skills, and issues.
Pursue interests and skills by participating in clubs, teams, performances, or other campus or community activities.
Learn about resources and services available on campus.
Begin to explore career options via Career Services.
Attend relevant career workshops and information sessions.
Begin to get to know faculty, counselors, staff, and administrators.

Sophomore Year
RESEARCH AND IDENTIFY

Enroll in courses in prospective concentrations.
Identify your interests, skills, and values.
Complete career assessments.
Meet with career counselor to learn about career resources.
Learn about and explore the world of work.
Research selected occupations for academic, personality, and skill requirements.
Interview people working in selected occupations.
Attend relevant career workshops and employer information sessions.
Participate in the Career Competency Certification Program.
Gain part-time and/or summer employment or internship.

Junior Year
EXPERIENCE

Accept responsibility for tasks, projects or a program in campus or community activities.
Talk to people working in career fields or organizations of interest.
Try career fields of interest through summer jobs, internships, and volunteer work.
Develop a resume.
Meet with career counselor for progress check up.
Gain part-time and/or summer employment or internship.
Attend relevant career workshops and employer information sessions.
Investigate the potential role of graduate or professional school in your career plans.

Senior Year
IMPLEMENT

Discuss plans with counselors and faculty.
Complete course requirements for concentration and degree.
Plan job search campaign and/or graduate school campaign.
Learn effective search skills, including writing resumes and cover letters, interviewing, and job search strategies.
Continue to gain part-time and/or summer employment or internship experience.
Attend relevant career workshops and employer information sessions
Conduct a thorough job search campaign and/or application to graduate/professional school.

Adapted and reprinted with permission from an article entitled, Successful Career Planning For Future Grads by Deborah Veady, Associate Director of Career Planning at California State University, Long Beach.